## Play the Darts Game!!!

Object: To row with a consistent stroke rate and power output
Time: 10-12 minutes
Number of Darts (strokes) : 300
2. Push "MAIN MENU > GAMES > DARTS."

3. Row 5 warm up strokes to establish your personal "bull's eye" stroke rate and power output.
4. Row to "throw" your 300 darts. If you are very consistent on each stroke, you will get the most points. The target is self-centering and will adjust to new paces, but changing pace will negatively affect your score.

